

Marriage High FIVE

5 weekly questions to strengthen your relationship



Every week (or day) ask each other these relationship building questions:

1. Little Finger - How did I make you feel loved and appreciated this week?
2. Ring Finger - Say your wedding vows - When will we make time for US {alone} this week?
3. Middle Finger - What is causing you stress? How can I make you feel loved or encouraged?
4. Pointer Finger - What does your week look like? What is the main thing you want to accomplish?
5. Thumbs Up to God - How can I pray for you this week?

Add a 10 second kiss daily. (Not just a peck). Life gets hectic. Nurture your relationship and help it grow. Don't become roommates!